
Subject: Intermittent Catheterization

Effective Date: July 1, 2010

Policy Statement:

Intermittent catheters are covered by Medicaid and insurance policies. These payors must be utilized prior to CYSHCN funding. Medical need for catheters over Medicaid/insurance allowance must be submitted with the request for CYSHCN coverage.

For clean intermittent catheterizations, CYSHCN will authorize payment for one catheter weekly at home and one weekly for school/day care, a total of 2 per week.

When clean intermittent catheterization practices are used, lubrication will be authorized only if non-silicone catheters are used. Gloves (sterile and non-sterile) and betadine will not be authorized for clean intermittent catheterization done by the client.

One box of non-sterile gloves per month may be authorized if a care provider must catheterize the client or if repeated infections document the need for glove barrier for those who self catheterize. Reports must show the impact in reduction of infections for continuation for glove authorization.

Exceptions for "special" situations such as the need for sterile catheterizations or more frequent catheterizations may be made based on written justification of need from the specialty provider. Documentation showing that correct catheterization techniques and catheter care has been reviewed with the caregiver/patient is required.

These "special" situations will be authorized separately and must include the maximum number of catheters specified and periodic reviews of continued need.